

# Week Six



**COMMITMENT**

# You Were Born to Love

## COMMITMENT

Why, you may ask, did we wait for week 6 to commit?

Well, first you made your decisions. Then you began to acknowledge and to get clearer on what you desire and also what you are willing to release.

Now, we can go deeper.

*I commit to diligently and consistently working towards the dream of my heart, so that I can fully achieve it in this lifetime.*

*Signed,*

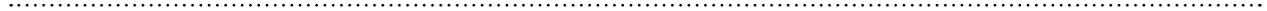
**Open to  
Possibilities**





























*It's good to leave each day behind, like flowing water,  
free of sadness. Yesterday is gone and its tale told.  
Today new seeds are growing. - Rumi*



*Listen to what is really calling out to you,  
that's where your fulfillment lies.* - Mel Abraham





# You Were Born to *Love*

## LESSON - LEAN INTO NEW OPPORTUNITIES FOR GROWTH AND EXPANSION

What might you do that is out of the ordinary for you?

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What belief has shifted to expand your consciousness?

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What new story do you tell yourself now?

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Have you expanded your intuition? How is that growing?

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*Where you place meaning is what will come forth in your life.*

# You Were Born to *Love*

Are you taking opportunities to be more joyful each day?

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Has a doorway opened to you that scares you? Will you walk through it?

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**LESSON - WHO DO I NEED TO BE TO ATTRACT WHAT I DESIRE?**

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*I believe in what I can't see. I have Faith! It is working!*

